

MENU

Enjoy Our Healthy
Gluten-Free Food
Made Freshly On Site!

BREAKFAST&BRUNCH

Truffle Scrambled Eggs 12
Toasted Focaccia Covered with our Creamy Scrambled Eggs
Delicately Cooked with Caramelised Shallots and Black Truffle
(Truffle Duxelle), Covered with Parmesan Shavings.

THE FULL /HALF English Breakfast 10.90/8.90
Bacon, Pork Sausages, Mushrooms, Baked Beans, and Grilled
Vine Tomatoes served with a slice of Toasted Focaccia

Egyptian Breakfast 9.5
Creamy Scrambled Eggs, Salad, Avocado, Labneh (yoghurt
cheese) coated in Dukkah & toast

Burrata Plate 8.75
Served with a Slice of Toasted Focaccia, Sundried Tomatoes,
Peppery Rocket, drizzled with Extra Virgin Olive Oil

Dukkah Toast 6.5
Oven Baked Mozzarella Toast, Avocado, Dukkah &
Served with a Cherry Tomato Watercress Salad.

Bresaola Salad 9.5
Bresaola from our specialist Italian Deli, Peppery Rocket,
and Parmesan Shavings, Home Made Gluten-Free Garlic
Croutons, drizzled with Extra Virgin Olive Oil, roasted
Vine Tomatoes

Bresaola Sandwich 7
Open Face Style Sandwich with a Slice of Toasted Olive
Oil Focaccia, Bresaola from our specialist Italian Deli,
Peppery Rocket, and Parmesan Shavings, drizzled with
Extra Virgin Olive Oil and Balsamic Glaze

BEENIES

All Beenie's are served on our Toasted Olive Oil Focaccia

Smoked Salmon Bloomer 8
Guacamole, Creamy Scrambled Eggs, Smoked
Salmon on Toasted Focaccia, Balsamic Glaze

Eggs Manna 9.5
2 Slices of Toasted Olive Oil Focaccia covered with Smashed
Lime and Avocado and 2 Perfectly Poached Eggs. This is then
drizzled with our authentic Egyptian Dukkah (Rich and Buttery
Nut and Sesame Sprinkle) as it is made on our beautiful farms

Eggs Royale 10
2 Slices of Toasted Focaccia Layered with our Smoked
Salmon and 2 Perfectly Poached Eggs, then covered in
our Hollandaise Sauce

Eggs Benny 9.5
2 Slices of Toasted Focaccia Layered with our Specialist
Italian Deli Rustico Reserve Ham and 2 Perfectly
Poached Eggs, then covered in our Hollandaise Sauce

BREAKFAST BOWLS

FRESH FRUIT SALAD(V) 5.10
Fresh Fruit Salad Bowl- Served with Fresh Mint Probiot-
ic Greek Yoghurt

Banana Toffee Pancakes 6.5
Golden Fluffy Pancakes topped with Sliced Banana and
Drizzled with Home Made Toffee Syrup

French Toast 6.5
Cinnamon French toast sticks served with fresh
Raspberries & Drizzled with Agave Nectar

Manna Porridge Bowl (V) 4.50
Gluten Free Porridge Oats with Spiced Berry Compote
and Toasted Almonds (Dairy Free Options Available)

Home-made Pecan Crunch Granola Bowl (V) 5.50
Served with Probiotic Greek Yoghurt and Mixed Berry
Compote

SANDWICHES

Beef Jalapeño 4.95

Italiano 4.50

Cranberry Ham & Cheese Melt 4.95

Chicken Pesto 4.50

Tuna Melt 4.50

EXTRAS Home-style Roast Mushroom, Beans, Grilled Tomato or a Fruit Salad for £2